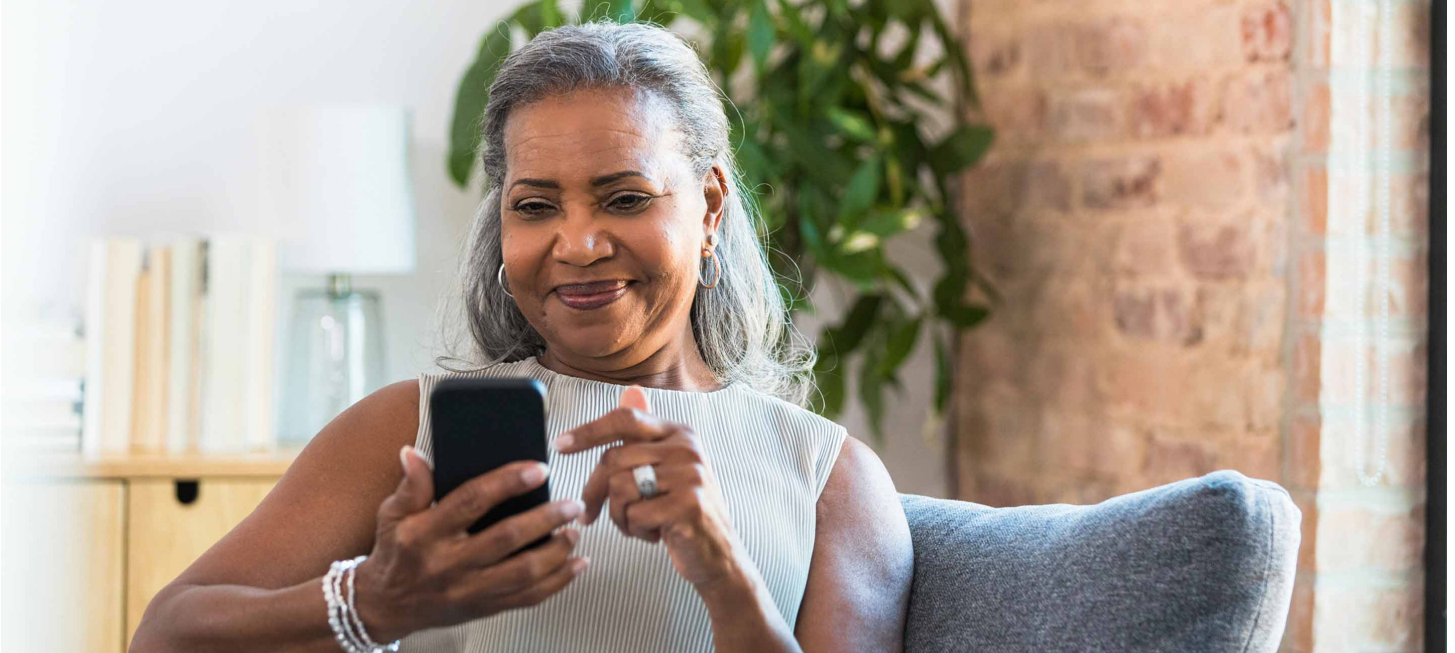




## Insightful Webinar ?? Investing Through Uncertainty: What to Do When the Market Feels Uncomfortable

Learn how to stay grounded through market uncertainty and keep your investment strategy focused on long-term goals.

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This presentation will help participants understand how to stay grounded when markets feel uncertain, headlines feel overwhelming, and emotions can make long-term investing harder to stick with. We will explore why market volatility is a normal part of investing, how investor behavior can sometimes do more damage than the market itself, and why political uncertainty should not automatically drive investment decisions. The session will also break down what risk tolerance really means, the value of time in the market, and how rebalancing can help keep a portfolio aligned with long-term goals rather than short-term noise.

**Date:** Wednesday, May 19, 2027

**Time:** 1:00 PM ET

[Register Here](#)

Have questions? Need help? Call the CAPTRUST at Work Desk at 800.967.9948, or [schedule an appointment](#) with a retirement counselor today.

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