



Webinar Recording | Budgeting: Where Does My Money Go?

Are you starting out the year with a goal of getting your finances under control? In this webinar recording, we discuss the ways a budget can help alleviate stress, the simplicity of creating a personal budget, and how to identify your personal spending habits.

Additional Resources

- [Monthly Household Budget Worksheet](#)
- [Personal Monthly Budget Spreadsheet](#)

Have questions? Need help? Call the CAPTRUST Advice Desk at 800.967.9948 or [schedule an appointment](#) with a retirement counselor today.

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