



	ACCOUNT	TAX TREATMENT	CONTRIBUTION LIMIT	RANKING RATIONALE
1	401(k) plan up to employer match— traditional or Roth	Traditional 401(k) contributions are pre-tax; withdrawals are taxed as ordinary income. Roth contributions are after-tax; qualified withdrawals are tax free.	Up to employer match percentage	Take advantage of employer contributions and a risk-free return.
2	Health Savings Account (HSA)	Contributions and qualified withdrawals are tax free.	\$3,650 individual \$7,300 family \$1,000 catch-up over age 55	Only savings account that is triple tax free. Can be invested, managed, and used to pay qualified medical expenses.
3	Roth IRA	Contributions are after-tax; qualified withdrawals are tax free.	\$6,000, plus \$1,000 catch-up over age 50	Tax-free source of income in retirement and no required minimum distribution. Income eligibility limitations apply.
4	401(k) with no match	Traditional 401(k) contributions are pre-tax; withdrawals are taxed as ordinary income. Roth contributions are after-tax; qualified withdrawals are tax free.	\$20,500, plus \$6,500 catch-up over age 50	Popular retirement savings vehicle due to high annual contribution limit, either pre-tax or Roth, with no income limitation. Subject to required minimum distributions.
5	Traditional IRA	Contributions are tax deductible, subject to income phaseouts. Withdrawals are taxed as ordinary income.	\$6,000, plus \$1,000 catch-up over age 50	Allows for pre-tax contributions and tax- deferred growth. May not be available for those with access to qualified plans.
6	Roth conversion with after-tax 401(k)	After-tax contribution, which can be converted to Roth.	\$61,000 combined with all other 401(k) contributions, excluding catch-ups	High contribution amount and another way that high-income earners can accumulate Roth savings
7	Roth conversion with non-deductible IRA	After-tax contribution, which can be converted to Roth.	\$6,000, plus \$1,000 catch-up over age 50	Another way that high-income earners can make Roth contributions, subject to IRA account aggregation rules upon conversion.
8	529 plan	After-tax contributions to fund future education expenses. Qualified withdrawals are tax free.	\$16,000 or \$80,000 one-year front load per contributor	While not specific to retirement, 529 plans may be part of a broader savings strategy.
9	Taxable account	After-tax contributions. Growth is taxed at long-term capital gains rates.	Not applicable	Additional savings vehicle for retirement and may allow for favorable tax treatment.

¹⁰ Other savings vehicle options may include: low-cost annuities, permanent life insurance, or a nonqualified deferred compensation plan.

Call 800.967.9948 Monday-Thursday 8:30am-5:30pm EST, Friday 8:30am-4:30pm EST or visit https://www.captrustadvice.com/scheduler/ to schedule a one-on-one consultation with a CAPTRUST Representative.

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